



VENUE

Renaissance Mumbai
Convention Centre Hotel

DATE

13th & 14th
July 2019





"**NDCP – National Diabetic Complication Program**" was held at Chennai, India under the banner of CME Foundation of India in association with Royal College of Physicians and Association of physician of India (Mumbai).

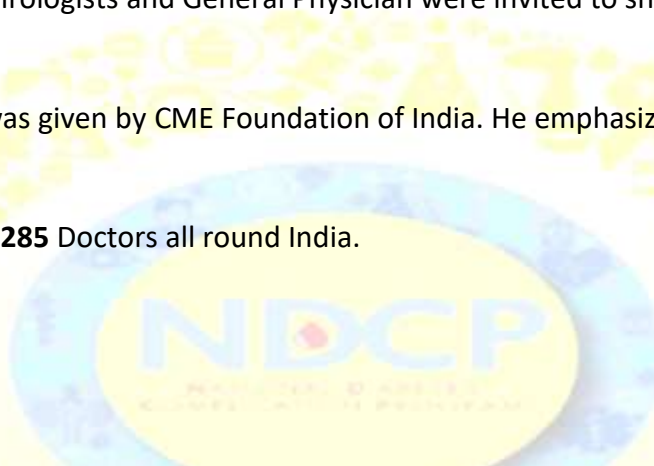
The CME was designed to get all the Diabetologist, Nephrologists and General Physician on one platform for exchanging their views and sharing their clinical experiences with others about the challenges in the management of Diabetes and Diabetic Kidney diseases and its complication. Well known Diabetologist, Nephrologists and General Physician were invited to share their knowledge and Experience.

The Introductory speech was given by CME Foundation of India. He emphasized the main role played by CME Foundation of India.

The CME was attended by **285** Doctors all round India.

Date: **13th – 14th July 2019**

Venue: **Mumbai, India.**



PROGRAM MENTORS



Dr. A. G. Unnikrishnan

MD, DM, DNB, MNAMS,
CEO & Endocrinologist,
Head of Patient Care, Research & Education,
Chellaram Diabetes Institute, Pune

PROGRAM DIRECTOR



Dr. Manoj Chawla

M.B.B.S. D. Diabetology (BOM)
Director & Consulting Diabetologist:
LINA Diabetes Care &
Mumbai Diabetes Research Centre,
Co-ordinator: Dept. of Diabetology
Asian Heart Institute, Bandra, Mumbai



Dr. Vaishali Deshmukh

Consultant Endocrinologist
Deshmukh Clinic & Research Centre,
Ruby Hall Clinic,
Deenanath Mangeshkar Hospital, Pune.





Day 1: 13th July 2019 - Saturday - 2:30 PM to 8:05 PM

Timing	Topics- Day 1	Format	Speaker	Chair Persons	Duration (min)
2.30 – 2.40	Welcome and Introduction		Dr. A. G. Unnikrishnan		10
2.40 – 2.50	Concept of NDCP		Dr. A. G. Unnikrishnan		10
2.50 – 3.10	Pre-course MCQ	Free flow	Dr. A. G. Unnikrishnan		20
Symposium 1: Diabetic Kidney Disease – Screening and Diagnosis					
3.10 – 3.20	DKD In india & Physicians guide to the kidney – Basic Science	Lecture + Video tutorial	Dr. A. G. Unnikrishnan	Dr. Manoj Chawla Dr. Vaishali Deshmukh	10
3.20– 3.50	Early identification, Screening tools & predicting DKD vs non-DKD through Urine examination	Lecture + case based	Dr. Tarun Jeloka		30
3.50 – 4:10	Patients lifelong journey with DKD	Lecture based	Dr. Sharvil Gadve		20
4.10 – 4:25	Q & A Discussion				15
4:25 - 4.55	" Recent cardio renal trials - how will they change our day to day practice?"				
	1. CAROLINA	Lecture based	Dr. Vaishali Deshmukh	Dr. A. G. Unnikrishnan	15
	2. CREDENCE	Lecture based	Dr. Shehla Shaikh		15
4.55 – 5.05	Tea break			10	
Symposium 2: Diabetic Kidney Disease – Risk factor management					
5.05 – 5:25	• Glycemic control in renal impairment	Lecture based	Dr. Manoj Chawla	Dr. Vivek Arya Dr. Tarun Jeloka	20
5:25 – 5.45	• Hypertension	Lecture based	Dr. Navneet Shah		20
5.45 – 6.05	• Dyslipidemia	Lecture based	Dr. Kanchan Kewalramani		20
6.05 – 6:25	Renal diet and its significance	Lecture based	Ms. Geeta Dharmatti		20
6:25 - 6:45	Prescription errors in DKD	Case based	Dr. Shehla Shaikh		20
6:45-7:05	Q & A Discussion			15	
7.05 – 8:05	Motivational interview with patients	Demo of Dr – Patient Interaction	Dr. Tejal Lathia	Dr. A. G. Unnikrishnan	60
			Dr. Altamash Shaikh		
			Dr. Vaishali Deshmukh		
			Dr. Pramod Gandhi		





Day 2: 14th July 2019 - Sunday - 9:00 AM to 12:15 PM

Timing	Topics- Day 2	Format	Speaker	Duration (min)
Symposium 3				
9.00 – 9.20	Diabetic Retinopathy - Screening to Referral	Lecture based	Dr. Milind Patil	20
9.20 – 9.35	Diabetic Autonomic Neuropathy	Lecture based	Dr. Mangesh Tiwaskar	15
9.35 – 9.50	NAFLD	Case based	Dr. Vivek Arya	15
9.50 – 10.05	Obstructive Sleep Apnea	Case based	Dr. Parag Shah	15
10.05 – 10.20	Sexual dysfunction	Case based	Dr. Chaitanya Yeravar	15
10.20 – 10.35	Q&A Discussion			15
Symposium 4				
10.35 - 10:55	CVD and Heart Failure in Diabetes	Lecture based	Dr. Chetan Shah	20
10:55 - 11:10	Diagnosing Depression in Diabetes	Lecture based	Dr. Piyush Desai	15
11:10 - 11:25	Q&A Discussion			15
11.25-11:55	Meet the Experts	Panel discussion	Dr. A. G. Unnikrishnan Dr. Parag Shah Dr. Shehla Shaikh Dr. Pramod Gandhi	30
11:55-12.15	Summary, Closure & post-course MCQs	Free flow	Dr. A. G. Unnikrishnan	20





Summary of "NDCP – National Diabetic Complication Program"

- The CME was conducted at Mumbai, India. It was aimed to bring together the well-known Diabetologist, nephrologist and General Physician across India in order to discuss various clinical aspects and challenges in the management of Diabetes and Diabetes kidney diseases and its complications.
- In this CME, Different topics related to Diabetes and Diabetes kidney diseases such as – DKD in India – Clinical Scenario, Physicians guide to the kidney – Basic Science, Early identification and Screening tools – (Focus on UACR and eGFR), Urine examination in predicting and diagnosing DKD vs non-DKD, Role of glucose monitoring – SMBG, CGM and insulin pumps, Glycemic control in renal impairment, Hypertension, Dyslipidemia, Renal diet and its significance, Prescription errors in DKD, Motivational interview with patients to improve adherence, Diabetic Retinopathy, Obstructive Sleep Apnea, Sexual dysfunction, CVD and Heart Failure and Diagnosing Depression in Diabetes and Diabetic Autonomic Neuropathy were discussed in this event.
- Different cases were explained to the audience and the whole case was open for discussion. Audience actively participated in the discussion regarding the management of Diabetes and Diabetes Kidney disease and its complications. It was a very interactive session and the delegates thoroughly enjoyed it.
- Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.





Photo-snaps









